

Moving & Handling

Key Trainers Annual Update



CHRYSALIS

TRAINING AND CONSULTANCY

Fiona Smith

Registered Nurse &
Manual Handling
Principal Trainer



**£100 PER
PERSON**

Designed to refresh knowledge, reinforce best practice & provide latest guidance in safe moving & handling techniques

Update covers:

Monday 16th November 2026

9.30am - 4pm

- ✓ Current legislation
- ✓ Practical skills
- ✓ Risk reduction strategies
- ✓ Trainer responsibilities to support safe practice across the workplace
- ✓ Ensures Key Trainers remain compliant, confident & equipped to deliver high quality training within their teams


Simply
MOVING & SLEEPING

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Empowering you to deliver safe, effective & confident care.

Book via: fiona@chrysalisconsultancy.co.uk

www.chrysalisconsultancy.co.uk